



# Trainingsplan Sommer Saison 2024/25

Gültig ab: 01.07.2024

Version: 3

Mannschaft	Trainer	Jahrgang	Montag	Platz	Kabine	Dienstag	Platz	Kabine	Mittwoch	Platz	Kabine	Donnerstag	Platz	Kabine	Freitag	Platz	Kabine
1. Senioren						19:30 - 21:00	KR1	1	19:30 - 21:00	KR1	1				19:30 - 21:00	KR1	1
2. Senioren			19:30 - 21:00	KR1	2				19:30 - 21:00	KR2	2				19:30 - 21:00	KR2	2
3. Senioren															19:30 - 21:00	P4/1	
1. Damen						19:30 - 21:00	KR2	7+8							18:00 - 19:30	KR2	7+8
A1			19:00 - 20:30	KR2	5							19:30 - 21:00	KR2	2	18:00 - 19:30	P4/2	5
A2																	
B1	Nicolas	2008/09	19:00 - 20:30	P4/1					18:00 - 19:30	KR2		18:00 - 19:30	KR1				
B2	Akin	2008-10	19:00 - 20:30	P4/2								19:30 - 21:00	KR2				
C1	Jens	2010/11	17:00 - 18:30	KR2		17:00 - 18:30	P4/2					17:30 - 19:30	KR2				
C2	Rolf	2011				17:30 - 19:30	KR2	5+6				17:30 - 19:00	P4/2	5+6			
C3/Mädchen	Bekim/Stephan					18:00 - 19:30	KR1								17:30 - 19:00	P3	
D1	Fanta	2012	18:00 - 19:30	KR1					18:00 - 19:30	P4/2					18:00 - 19:30	KR1	
D2	Florian/Irek	2013				18:00 - 19:30	P4/2		18:00 - 19:30	KR1					16:30 - 18:00	KR1	
D3	Tim	2012/13	17:30 - 19:00	P4/1								17:30 - 19:00	P4/1				
E1	Pascal/Oliver	2014							17:00 - 18:30	KR1					17:00 - 19:00	P4/1	
E2	Chris/Annika	2015	16:30 - 18:00	KR1					16:30 - 18:00	KR2							
E3	Robert	2014/15	16:30 - 18:00	KR1					16:30 - 18:00	KR2							
F1	Janina/Andre	2016				17:00 - 18:30	P2/1					17:00 - 18:30	P3				
F2	Rene/Johannes	2017	17:30 - 19:00	P2/2					17:30 - 19:00	P4/1							
F3	Deniz/Andreas	2017	17:30 - 19:00	P2/2					17:30 - 19:00	P4/1							
G1/2	Kevin	2018				16:30 - 18:00	KR1					16:30 - 18:00	P2/2				
G3/4	Alex	2019/20				16:30 - 18:00	KR1					16:30 - 18:00	P2/2				
TW-Training	Dominik					17:45 - 19:00	P5		16:45 - 19:00	P5							
TW-Training	Wim								16:00 - 19:00	P5							
Tech-Training	Fußballschule											15:30 - 18:30	KR2		16:00 - 18:00	KR2	

